

# GET WEIGHT WATCHERS TO WORK FOR YOU

Whenever you're bored, stressed or running short on time, **Hungry** is right there tempting you with wrong food choices. Weight Watchers can help you change all that.

With **Weight Watchers At Work\*** meetings, you can bring the power of Weight Watchers right to your workplace, so even the busiest professionals can attend and learn how to conquer Hungry once and for all.



**Join Weight Watchers At Work meetings now.**

**Weight Watchers at Raytheon Portsmouth**

**Meetings every Wednesday at 11:30 am**

**Nimitz Building Conference Room G**

**Contact the fitness center at x3545 for more details or to sign up for a current or future session**

 **Weight Watchers®**

**Stop Dieting. Start Living.**

\*Available in participating areas only. Minimum enrollment required.

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